

## Thank you for purchasing ResonaTones.

You can now download the file(s) to your computer, tablet, or phone. The download links are provided below.

We strongly suggest that you watch the instructional videos first that shows you the easiest way to download and store the ResonaTones files on all your devices.

## Instructional videos

Saving ResonaTones to your computer: <a href="https://vimeo.com/823379382">https://vimeo.com/823379382</a>

Saving ResonaTones to your iPhone: <a href="https://vimeo.com/823403538">https://vimeo.com/823403538</a>

Saving ResonaTones to your Android Phone: <a href="https://vimeo.com/823730227">https://vimeo.com/823730227</a>

## **ResonaTones Links**

ResonaTones ADHD

https://resona.health/wp-content/uploads/2023/05/ResonaTones-ADHD.mp3

ResonaTones Alzheimer's

https://resona.health/wp-content/uploads/2023/05/ResonaTones-Alzheimers.mp3

ResonaTones Anxiety

https://resona.health/wp-content/uploads/2023/05/ResonaTones-Anxiety.mp3

ResonaTones Brain Fog

https://resona.health/wp-content/uploads/2023/05/ResonaTones-Brain-Fog.mp3

ResonaTones Depression

https://resona.health/wp-content/uploads/2023/05/ResonaTones-Depression.mp3

ResonaTones General Inflammation

https://resona.health/wp-content/uploads/2023/05/ResonaTones-General-Inflammation.mp3

ResonaTones PTSD

https://resona.health/wp-content/uploads/2023/05/ResonaTones-PTSD.mp3

ResonaTones Relax and Balance

https://resona.health/wp-content/uploads/2023/05/ResonaTones-Relax-and-Balance.mp3

ResonaTones Sleep

https://resona.health/wp-content/uploads/2023/05/ResonaTones-Sleep.mp3

## Thank you again for being a Resona Health customer.



