



RESONA HEALTH

# *Brain Wave Expansion Protocols*

The VIBE comes with 59 Core protocols. In general if there is a specific protocol on the VIBE for your ailment of concern, then that specific protocol should be your 1st choice.

As an additional approach, the VIBE has 5 Brain Wave protocols that are in range of 1-30 Hz. Therefore these 5 protocols can be used to address the following conditions and symptoms below as well.

These frequencies were determined by other PEMF practitioners.

These 5 Brain Wave Expansion Protocols greatly increase the versatility of the VIBE.

Condition/Symptom/Disease	Frequency/Range	Brain Wave
Arrhythmia	7-8 Hz	Theta
Alzheimer's	2-8 Hz	Delta/Theta
Angina	2-8 Hz	Delta/Theta
Arteriosclerosis	7-10 Hz	ThetaAlpha
Bruises	10-14 Hz	Alpha/Beta
Cervical Vertebra Pain	15-20 Hz	Beta
Chronic blepharitis	1-2 Hz	Delta
Chronic pelvic pain	5-7 Hz	Theta
Circulatory dysfunction	7-10 Hz	Theta/Alpha
Crohn's Disease	12-22 Hz	Beta
Cystitis	5-8 Hz	Theta
Dental and oral diseases	30 Hz	Gamma
Depression	3 or 20 Hz	Delta/Beta
Diabetes	12-22 Hz	Beta
Dizziness	10-15 Hz	Alpha/Beta
Eczema	10-15 Hz	Alpha/Beta
Erectile Dysfunction	6 Hz	Theta
Fibromyalgia	18 Hz	Beta
Fractures	10 or 20 Hz	Alpha/Beta
Frozen shoulder	7-8 Hz	Theta
Glaucoma, atrophy of the optic nerve	12-22 Hz	Alpha/Beta

Headache	3 or 6-10 Hz	Delta/Theta
Hepatitis	12-22 Hz	Beta
Herniated disc	16-20 or 30 Hz	Beta/Gamma
Hyperactivity	20 Hz	Beta
High blood pressure	1-5 Hz	Delta/Theta
Immune system enhancement	24 Hz	Beta
Joint dislocations and sprains	10 Hz	Alpha
Ligament injuries	10-15 Hz	Alpha/Beta
Low blood pressure	20-24 Hz	Beta
Lumbago	10 or 20 Hz	Alpha/Beta
Lymphatic disorders	12-22 Hz	Beta
Menopause	5-8 Hz	Theta
Menstrual pain	5-7 Hz	Theta
Migraines	4-10 Hz	Theta/Alpha
Multiple Sclerosis	5, 13 or 20 Hz	Theta/Alpha/Beta
Muscles strains	11-15 Hz	Alpha/Beta
Musculoskeletal pain	10 Hz	Alpha
Nerve pain or neuropathy	6 Hz	Theta
Neuralgia Trigemini	15-20 Hz	Beta
Neurodermatitis	10-15 Hz	Alpha/Beta
Nonunion fractures	10 or 20 Hz	Alpha/Beta
Osteoarthritis	8-12 or 18 Hz	Alpha/Beta
Osteonecrosis/osteochondrosis	10 or 19-20 Hz	Alpha/Beta
Osteoporosis	8-10 or 15-19 Hz	Alpha/Beta
Pain from wound healing	11-15 or 17 Hz	Alpha/Beta
Parkinson's Disease	20 Hz	Beta
Periostitis	6 Hz	Theta
Phantom pain	16-19 Hz	Beta
Poor circulation	2-6 or 20 Hz	Delta/Theta/Beta
Prostatitis	3-8 Hz	Delta/Theta
Psoriasis	12-22 Hz	Beta
Psoriatic arthritis	12-22 Hz	Beta
Psychosomatic Syndrome	22 Hz	Beta
Raynaud's Syndrome	15 Hz	Beta
Respiratory diseases	12-22 Hz	Beta

Rheumatoid Arthritis	10 or 20 Hz	Alpha/Beta
Sciatica	16-20 Hz	Beta
Skin Allergies, Decubitus, Ulcus Cruris	10-15 Hz	Alpha/Beta
Sleep disorders	1-5 Hz	Delta/Theta
Spinal injuries	12-22 Hz	Beta
Stomach aches	10 Hz	Alpha/Beta
Stress	3 or 5 Hz	Delta/Theta
Stroke	7-10 or 20 Hz	Theta/Alpha/ Beta
Swelling (Edema)	10 Hz	Alpha
Systemic Lupus Erythematosus (SLE)	12-22 Hz	Beta
Tendinitis	8 Hz	Alpha
Tinnitus	10 Hz	Alpha
Tuberculosis (TB)	4 Hz	Theta
Varicose Veins	7-10 Hz	Theta/Alpha
Wound healing	1-5 Hz	Delta/Theta