



# Neuropathy and the Vibe

A Drug-Free Approach to Supporting Nerve Health



*Therapy that goes wherever you go*

RESONA HEALTH

[resona.health](https://resona.health)

## CHAPTER ONE

# Understanding Neuropathy

Neuropathy refers to damage or dysfunction in the nerves that carry signals between the brain, spinal cord, and the rest of the body.

It most commonly affects the hands and feet but can occur in other areas. People experiencing neuropathy may notice symptoms such as:

- Tingling or burning sensations
- Numbness in the hands or feet
- Sharp or shooting pain
- Sensitivity to touch
- Muscle weakness
- Loss of balance

Neuropathy can develop from many causes including diabetes, inflammation, injury, circulation problems, and metabolic stress.

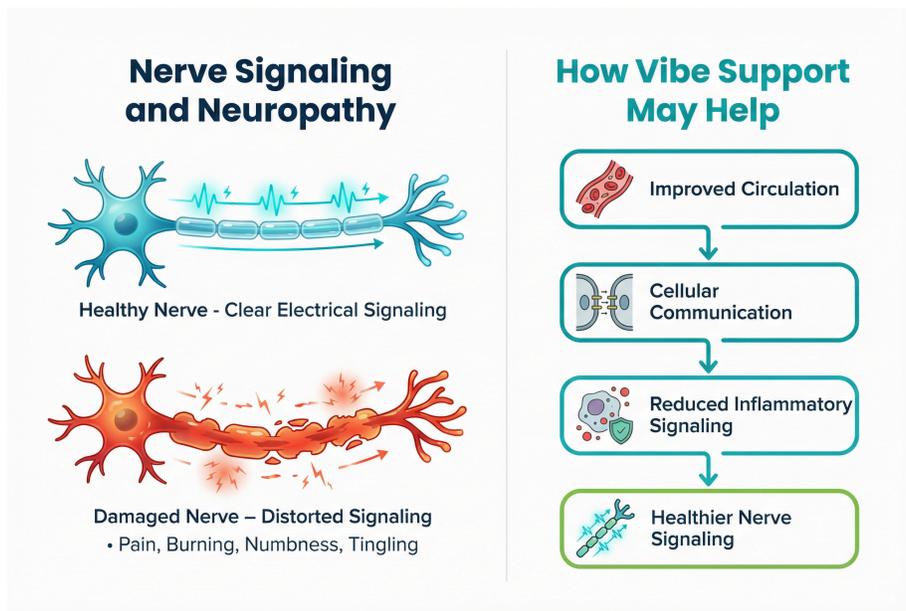
Supporting circulation, cellular energy production, and nerve signaling may play an important role in recovery.

CHAPTER TWO

# The Biology of Nerve Pain

Nerves communicate using electrical signals. Healthy nerves transmit signals quickly and accurately between the brain and the body.

When nerves become irritated, inflamed, or damaged, these signals may become distorted. This can lead to symptoms such as burning sensations, electric-like pain, numbness, or abnormal sensitivity.



Several biological processes may contribute to neuropathy including inflammation surrounding nerve fibers, reduced circulation to nerve tissue, cellular stress within nerve cells, and metabolic dysfunction affecting nerve repair.

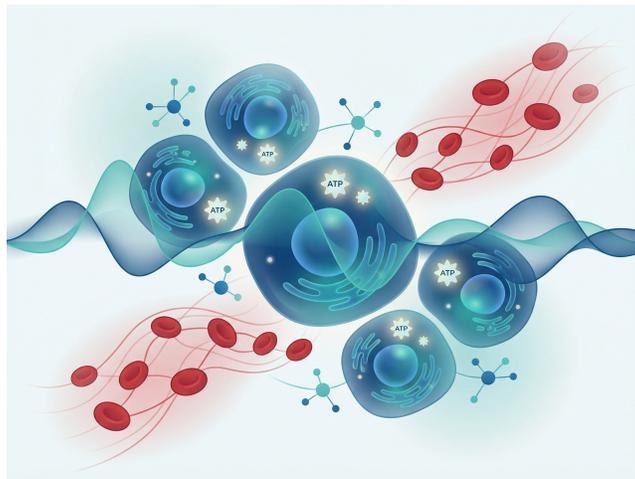
CHAPTER THREE

# What is Pulsed Electromagnetic Field Therapy

Pulsed Electromagnetic Field therapy uses low-energy electromagnetic signals to support natural biological communication.

Every cell in the body uses electrical activity to regulate its function. When tissues are stressed or inflamed, cellular communication may become disrupted.

PEMF therapy introduces gentle electromagnetic pulses that interact with the body's natural electrical systems.



Research suggests PEMF may support:

● Circulation

● Oxygen delivery

● Cellular ATP energy production

● Balanced inflammatory signaling

These effects may help support the conditions needed for healthier nerve signaling and recovery.

## CHAPTER FOUR

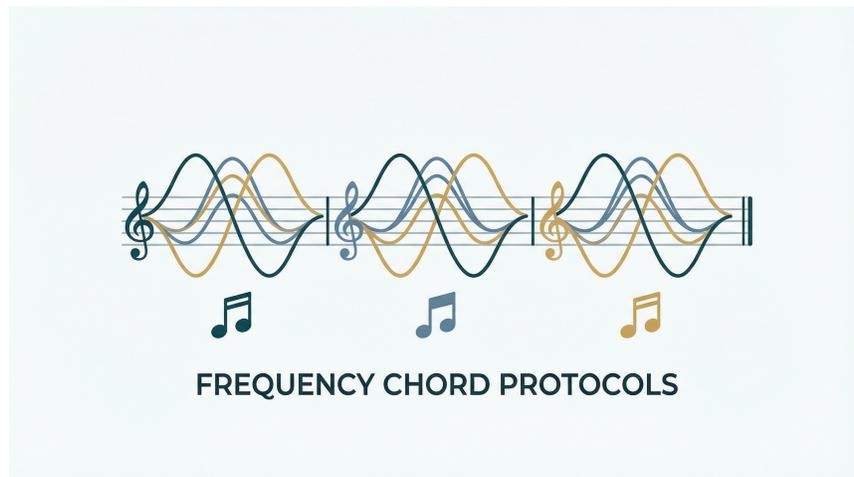
## How Vibe Protocols Work

Many PEMF devices operate using a single frequency or a simple frequency sweep.

**The Resona Health Vibe works differently.**

The Vibe uses proprietary therapeutic protocols built from sequences of frequency pairs.

Think of each frequency pair as a **chord on a guitar**. Music emerges when many chords are played in sequence. Vibe protocols operate the same way. Each protocol is like a song composed of many frequency chords.



Each protocol contains approximately 20 to 50 frequency pairs delivered in a structured sequence.

All Vibe frequencies operate between 1 and 1000 Hertz. Protocols typically run between 30 minutes and 2½ hours depending on the selected program.

## CHAPTER FIVE

# Protocols That Support Neuropathy

Resona Health recommends a combination of protocols designed to support several biological systems involved in neuropathy. This approach is often described as four synergistic protocols.

## Fibromyalgia Protocol

Often used to support hypersensitive nerve pathways and chronic nerve discomfort.

## Brain Wave Theta Protocol

A frequency around 6 Hz within the Theta brain wave range, associated with nerve pain support.

## Vagus Nerve Protocol

Supports parasympathetic nervous system activity which plays an important role in recovery and healing.

## General Inflammation Protocol

Supports the body's response to inflammation, a major contributor to nerve irritation.



## CHAPTER SIX

# Using the Vibe

The Vibe is designed to be simple to use.

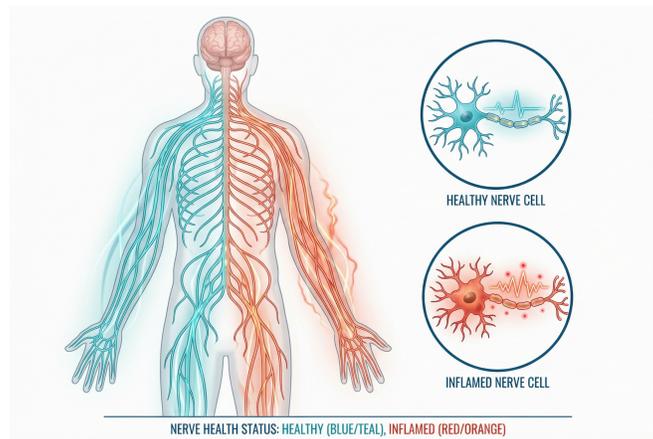
Because PEMF fields naturally travel through the body, the device does not need to be placed directly on a specific location.

Common ways people use the device include:

- ▶ Placing it in a pocket
- ▶ Wearing it around the neck with a lanyard
- ▶ Placing it in a bra

Once a protocol is selected, the device automatically runs the complete session.

Sessions typically last between **30 minutes and 2½ hours** depending on the protocol.



## CHAPTER SEVEN

# Supporting Nerve Health

Healthy nerve function depends on circulation, cellular energy, and balanced inflammatory responses.

When these systems become disrupted, nerve signals may become distorted, leading to pain or numbness.

Technologies such as PEMF offer a way to support the body's natural regulatory systems rather than simply masking symptoms.

By supporting circulation, cellular communication, and cellular recovery processes, the Resona Health Vibe provides a simple approach to supporting nerve health.



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